The Impact of Crisis on Family Systems

Sponsored by:
Carlow University and Mercy Behavioral Health
www.crisispa.org
Program Description

Over the past few years we have all witnessed significant changes in our economy, politics, social justice and new and changing challenges to just getting through our daily lives. Crisis services have increasingly been asked to respond to a myriad of new challenges in how individuals relate to themselves and others. A crisis very often upsets the delicate balance between one’s thoughts, feelings and behaviors and how they cope and interact with themselves and their families. Now more than ever it has become a fundamental intervention priority for crisis intervention services to attempt the restoration of individual and families coping abilities and to focus on recovery and resiliency in ever changing crisis situations.

It is estimated that hoarding behaviors affects 2 million Americans. It occurs more often in women than men, begins in adolescence, worsens with age, and “surfaces” in later life. Hoarding has recently received much publicity in the media. Though it publicizes the disease, it does little to explain the potential causes and difficulty treating this unique disorder. On the first day of the conference, Dr. Norma Thomas, DSW, MSW, BA will present “Psychosocial Issues, Assessment and Treatment Interventions with Hoarding Behaviors”.

The second day of our conference will begin with “Losing Lambert: A Journey Through Survival”. This documentary was the winner of 3 Emmy Awards in 2010 from the Mid-Atlantic Chapter of the National Academy of Television Arts & Sciences for Outstanding Health program, Community Service and Writing, among other awards. This will be followed by speakers Kathy O’Hern Fowler and Sue Wesner, RN, MSN, BSN, CS.

Keynote Presenters

Dr. Norma Thomas began as the MSW program director and associate professor at California University of PA in the fall of 2007. Prior to this she was an associate professor at Widener University Center for Social Work and held positions as the assistant director and baccalaureate program director. She has been the recipient of many community service awards. In 2007, Dr. Thomas was designated as an honorary lifetime advisor to Senior Community Service, Delaware County, PA in recognition of her years of service to that organization.

Kathy O’Hern Fowler is a parent who lost her teenage son, Lambert Hillman, to suicide in 1995. Kathy spent years struggling with loss and grief, but eventually moved into a life-altering role as an advocate for other parents who tragically find themselves in the same position.

Ms. Sue Wesner is a Psychiatric Clinical Nurse Specialist and Grief Counselor of a “Survivors of Suicide” support group at Western Psychiatric Institute and Clinic.
Objectives

At the close of the program, participants should be able to:

☼ Address special areas of interest including: hoarding, child and adolescent issues, older adult issues, suicide assessment, co-occurring disorders, grief, teambuilding, and crisis skill building;
☼ Identify crisis intervention strategies for working with various populations, including children and adolescents, older adults, and the co-occurring disorder population;
☼ Discuss methods and techniques that crisis workers can use in assessing and responding to crisis situations;
☼ Develop an understanding of the frustrations and spirit of those struggling to overcome the polarizing effects of mental health stigma.

Target Audience

Crisis intervention staff, emergency services workers, mental health delegates, case managers, hospital workers, CISM teams, law enforcement and any other interested individuals.

Tuesday, October 2, 2012

8:00 – 9:00 am        Registration
9:00 – 9:15 am        Welcome and Introductions
                      Marlin Rose, CIAP Board President
9:15 – 10:45 am      Psychosocial Issues, Assessment and Treatment
                      Interventions with Hoarding Behaviors
                      Dr. Norma Thomas, BA, MSW, DSW
10:45 – 11:00 am      Break
11:00 am-12:30 pm     Workshop Session I
  1) Prevention & Follow-Up in Crisis Intervention
     John Zubryd, MS, Center for Community Resources
     Rich Wozniak, BA, Center for Community Resources
  2) Hoarding: An Introduction
     Candace A. Ross, MSW, LCSW, MAC,
     Family Services of Western Pennsylvania
  3) Best in Show: Canine Response to Families in Crisis
     Yvonne Eaton-Stull, LCSW & Certified Crisis Response Dog,
     Allegheny College
     Brian Flynn, LCSW, Binghamton University
  4) At-Risk Adolescents in Crisis
     Darla Timbo, MS, WPIC re:solve Crisis Network
     Ann McCready, MSW, WPIC re:solve Crisis Network
12:30-1:15 pm        Lunch (provided)
1:15 - 2:45 pm  Workshop Session II

5) Using a Strengths Based Recovery Approach in Crisis Intervention
   Jeff DeSantis, MM, BA, Resources for Human Development

6) Understanding Familial Factors in the Development and Treatment of Co-Occurring Disorders
   Lyndsey Conner, LSW, Clarion Psychiatric Hospital
   Brijette Hardesty, LCSW, Clarion Psychiatric Hospital

7) Culturally Responsive Disaster and Crisis Intervention
   Brian Flynn, LCSW, Allegheny College
   Yvonne Eaton-Stull, LCSW Allegheny College

8) The Dilemma of Dual Diagnosis: What To Do About Co-Occurring Disorders?
   Mark Fuller, MD, Value Behavioral Health of Pennsylvania

2:45 – 3:00 pm  Break

3:00 - 4:30 pm  Workshop Session III

9) Improving Your Suicide Assessment Skills
   Kevin Daly, LSW, Southwood Psychiatric Hospital

10) Identifying & Strengthening the Skills of Productive Patient Involvement
    Jamie Kopicko, WPIC re:solve Crisis Network
    Rachel Sadowski, MSW, WPIC re:solve Crisis Network

11) Teaching Families the Art of Using Functional Assessments to Manage Crisis
    Shannon M. Fagan, MS, Youth and Family Training Institute
    Toni R. Ballard, MA, Allegheny Family Network

12) Teambuilding: Improving the Helping Process
    Mandy Fauble, PhD, LCSW, Safe Harbor Behavioral Health
    Vicky Merski, LCSW, Safe Harbor Behavioral Health

4:30 - 5:00 pm  Annual Meeting

7:00 - 10:00 pm  Reception with DJ Kingfish
   (Light appetizers will be provided)

Wednesday, October 3, 2012

8:30 - 9:00 am  Registration

9:00 - 9:15 am  Welcome and Introductions
    Shanon Quick, CIAP Vice President

9:15 - 10:45 am  Losing Lambert: Life After a Death Due to Suicide
    Sue Węsner, RN, MSN, BSN, CS
    Kathy Fowler, Parent

10:45 – 11:00 am  Break
11:00 am – 12:30 pm  Workshop Session IV

A) Mental Health Procedures and the Older Adult—Is Commitment Appropriate?
Scott Pino, BA, DPW, OMHSAS

B) What Hurts, What Helps: What Families Need from Mental Health Professionals
Debbie Ference, MA, NAMI Southwestern PA
Christine Michaels, MSHSA, NAMI Southwestern PA

C) Understanding Hoarding Behaviors in Older Adults
Linda Shumaker, RN, B-C, MA,
Pennsylvania Behavioral Health and Aging Coalition

D) Specialized Family Therapy: Reconciliation After a Crisis
Maurie Heidish, LSCW, Family Services of Western PA
Joy B. Krumenacker, MSPC, Family Services of Western PA

E) Complications Inherent to a Suicide Loss
Susan Wesner, RN, MSN, BSN, CS, Western Psychiatric Institute and Clinic

12:30 – 1:30 pm  Lunch (provided) and Raffle Drawing

1:30 - 3:00 pm  Workshop Session V

F) Co-Occurring Disorders and Homelessness
Sally Ricci, Supportive Services Inc
Laura DiMuzio, MA, Harbor Point Housing

G) Sibling Death: Recognizing and Supporting the Grief
Kathleen Frisina LPC, NBCC, CT, Highmark Caring Place

H) Suicide Talk
Bobbi Jo Wendel, MA, re:solve Crisis Network
Jeff Magill, BA, re:solve Crisis Network

I) What is a Crisis When You Are on the Autism Spectrum?
Lacey Rosman, MEd, New Story
Donna Buynak, New Story

3:00 pm  Evaluation and Adjournment

For questions regarding the conference, please contact Kimberly Hall at 412-244-1244 or by e-mail at kimberlyhall@comcast.net
Tuition
☀ $180 for non-members
☀ $130 for CIAP members
☀ $100 attend one day only

Tuition includes
☀ Registration and course materials
☀ Continental breakfast, lunch
    and refreshments
☀ Reception

There will be an additional charge of $20 if you request continuing education credits.

A $25 administrative fee will be deducted from all refunds or cancellations.

No refunds can be issued after September 14th.

Please make check payable to:
THE CRISIS INTERVENTION ASSOCIATION OF PA
and mail it with your registration form to:

Training Department
251 Woodside Road
Pittsburgh, PA 15221
Fax 412-244-1244
Pre-registration is required. Registration Deadline: September 18, 2012
Please type or print; photocopy for additional registrants.

First Name: ____________________________________________
Last Name: ____________________________________________
Agency: ________________________________________________
Address: ________________________________________________
City: _____________________ County: _____________________
State: ___________________ ZIP: __________________________
E-mail: ________________________________________________
Work Telephone: (__________) ____________________________

October 2, 2012: Please Circle Workshop Selections
Session I  1  2  3  4
Session II  5  6  7  8
Session III  9  10  11  12

October 3, 2012: Please Circle Workshop Selections
Session IV  A  B  C  D  E
Session V    F  G  H  I

Are you a member of the CIAP?  Yes ☐  No ☐

Will you be attending the reception on October 2?
Yes ☐  No ☐

CREDITS REQUESTED ($20 surcharge):
CEU ☐  NBCC ☐  Social Worker ☐

Last FIVE digits of Social Security Number*:
____  _____  _____  _____  _____

*required for accrediting purposes only

TUITION:
$180  Full conference, non-member
$130  Full conference, CIAP member
$100  Attend one day only
$ 20  Continuing Education Credits

Total Tuition
Training Department
251 Woodside Road
Pittsburgh, PA 15221

Overnight Accommodations
A block of rooms has been reserved at Seven Springs Mountain Resort, Champion PA, 15622. The room rate is $149 per room, per night, plus 6% sales tax and 3% local occupancy tax for either single or double occupancy and will include the breakfast buffet for up to two adults. When calling for reservations, you must identify yourself as being with the “Crisis Intervention Association Annual Conference” to benefit from the reduced rates. Reservations by attendees must be received by September 1, 2012. At the cut-off date, the Hotel will accept reservations on a space available basis at the prevailing retail rate. The number for Seven Springs Mountain Resort is 814-352-7777 and the website is www.7springs.com. The resort, specifically the hotel rooms, meeting rooms, lounges, and dining areas are smoke-free. Smoking guests may request ashtrays at check-in or at any time throughout their stay by contacting the front desk staff to be used on the hotel lodging room balconies.